

# James Lissy

Longmont Leader – “Get Growing” column

Grass to Veggies – Free how to guide on growing your own food.  
Showing you how I grow my own food and how you can too.



# Backyard in 2016:





# Same Backyard in 2019:





# Aerial View in 2020:



# Spring (right now) – Plant Cold Loving Plants:

- Lettuces
- Spinach
- Arugula
- Radishes
- Snow Peas
- Chard
- Bok Choy
- Tatsoi
- Kale
- Mizuna
- Sorrel
- Cabbage
- Onions
- Carrots

# Summer – Plants that LOVE the heat (wait until after last frost to plant):

- Peppers
- Tomatoes
- Eggplant
- Watermelons
- Squash
- Beans
- Corn
- Herbs
- Most Flowers

# Fall – Back to Cool Loving Plants

- Chinese Red Meat Radishes
- Pumpkins
- Plus the normal cool loving plants that you grew in the fall