



growing
gardens

cultivating community through urban agriculture

Tim Villard: Food Project Manager

Food Project Farm:
950 Lashley street, Longmont



Growing Gardens Food Project

Promotes health and self-sufficiency throughout Boulder County by increasing access to fresh food, seeds, plant starts, and gardening education & resources for low-income community members.

Last year, we donated:

- 37,000 plant starts and 4,400 seed packets
- Over 18,000 lbs of fresh food



Food Project & Food Project Farm Programs



Seed and Seedling Donations



Classroom & Community Education



Food Project Farm



Cultiva Youth Project



Seed and Seedling Donations

Available to low-income families, and individuals.

You must sign-up ahead of time to participate:

- growinggardens.org/foodproject

Seed and Seedling Pickup Dates:

- Longmont: Wed, May 19th
- Boulder: Wed, May 26th





Classroom and Community Education

Food Project Farm is designed for environmental and nutrition education.

- Diversified veggie farm
- Worm bins
- Bees & youth sized bee suits
- Native, pollinator, and herb gardens

Growing Gardens Educational Events

- Listed at growinggardens.org
- Online classes this spring
- In person classes TBD





Online Classes

5 Gardening Classes

- 3 Veggie Gardens classes
- 2 Perennials, Natives, Fruits, and Pollinators classes

3 Cooking Classes

1 Beekeeping course





Food Project Farm

Collaboration between Growing Gardens and the YMCA of Northern CO. Established to provide produce donations and gardening and nutrition-based education to the surrounding neighborhood.

- 100% of the produce grown on this farm is donated to those in need.
- Full season work-trade volunteers
- Corporate & group volunteers





Food Project Farm

Growing Techniques and Tools

- Grow cool season crops
 - Row covers for spring crops
- Be water wise
 - Drip irrigation
 - Use mulch - leaves or straw
- Diversity is best for you and the soil
 - Plant flowers!
 - Plant cover crops
- Share the bounty :)





Cultiva Youth Project

The Cultiva Youth Project gives teens a dynamic summer job experience that includes leadership and skill development; these teens help run the Food Project Farm through the summer.

- 2 shifts a week
- Receive stipend and CSA share
- Work and education experience
- 8-10 teens



NEW to Growing Gardens!

As of January 2021, local nonprofit Mountain Flower Goat Dairy has joined the Growing Gardens team.



Get Involved

Sign up for free seeds and seedlings

Sign up for work trade

Boulder plant sale

Farm Location

Hawthorn: 1630 Hawthorn Ave., Boulder

Longmont: 950 Lashley St., Longmont

Learn More

Visit our website: growinggardens.org

Follow us on instagram: [@growinggardensboulder](https://www.instagram.com/growinggardensboulder)

